## FOR THOSE WHO ARE ILL

Prayer invites God's Presence to lift our spirits. It allows the blessing and gift of hope to prevail in our lives. Prayer may not bring water to parched fields, nor mend a broken bridge, nor rebuild a ruined city. But prayer can water an arid soul, mend a broken heart, and rebuild a weakened will.

We pray for all people who at this hour are in sickness, in want, or in distress of body or spirit. We name in our hearts those who are near to us and in whose pain, we feel pain. Let them know Your help and feel Your Presence, realizing that they are not alone.

Mi sh'bei-rach a-vo-tei-nu, M'kor ha-b'ra-cha l'i-mo-tei-nu,

May the Source of strength who blessed the ones before us help us find the courage to make our lives a blessing. And let us say: Amen.

Mi sh'bei-rach i-mo-tei-nu, M'kor ha-b'ra-cha l'a-vo-tei-nu,

Bless those in need of healing with *r'fu-a sh'lei-ma*, the renewal of body, the renewal of spirit. And let us say: Amen.

# Service IV

for Shabbat Eve

תפילות ערבית לשבת

Gathered together now that the shadows of evening fall, we open our hearts to the sweet and comforting influences of our worship. We are thankful for countless blessings, for the ceaseless flow of God's goodness to us. Every day we receive the fullness of this bounty.

When we are tried by sorrow or times of anguish, it is not that we have been forsaken. The Eternal One always is with us, guiding us along the path of life. May we be grateful for having been granted the strength to endure our trials. And when our ordeal has passed, may we draw comfort from the hope and faith that better days may lie ahead.

We pray for all people who at this hour are in sickness, in want, or in distress of body or spirit. We name in our hearts those who are near to us and, in whose pain, we feel pain. Let them know Your help and feel Your Presence, realizing that they are not alone.

# For those who include the Reader's Kaddish

לָרִיב וְאִמְרוּ אָמֵן: מַלְכוּתֵה בְּחַיֵּיכוּן וּבְיוּמֵיכוּן וּבְחַיֵּי דְכָל בֵּית וִשְּׂרָאַל. בַּעְגָלְא וּבִּוְמֵן יִתְנַּדֵּל וְיִתְקַדִּשׁ שְׁמֵה רַבָּא. בְּעָלְמָא דִּי בְרָא כִּרְעוּתֵה, וְיַמְלִיך

Yit-ga-dal v'yit-ka-dash sh'mei ra-ba. B'al-ma di-v'ra chi-r'u-tei, v-yam-lich mal-chu-tei. B'cha-yei-chon u-v'yo-mei-chon u-v'cha-yei d'chol beit Yis-ra-eil, ba-a-ga-la u-viz-man ka-riv. V'im'ru: A-mein.

Let the glory of God be extolled. May God's greatness be revered in the world whose creation God willed. May God's dominion soon prevail, in our own day, in our own lives, and in the life of all Israel, and let us say: Amen.

# יָהֵא שְׁמֵה רַבָּא מְבָרַך לְעָלַם וּלְעָלְמֵי עָלְמַיָּא:

Y'hei sh'mei ra-ba m'vo-rach, L'a-lam u-l'al-mei al-ma-ya.

Let God's greatness be praised forever and ever.

עָּהְבָּרָתָא וֹנִּחֲכִּתָא, בַּאֲכִּירָן בְּאָלְכִיא, וֹאִמְרוּ אָכֵּון. וֹיִלְהַלָּל אֲכֵּה דְּלֵּבְשָׁא בְּרִיךְ הוּא. לְעַלָּא מִן כָּל בּרְכָּתָא וְאִירָתָא, יִתְבָּרַךְ וְיִשְׁתַבַּח, וְיִתְפָּאַר וְיִתְרוּמֵם וְיִתְנַשֵּׁא וְיִתְּהַדָּר וְיִתְעַלֶּה

Yit-ba-rach v'yish-ta-bach, v'yit-pa-ar, v'yit-ro-mam, v'yit-na-sei. V'yit-ha-dar, v'yit-a-le, v'yit-ha-lal, sh'mei d'ku-d'sha. B'rich hu. L'ey-la min kol bir-cha-ta v'shi-ra-ta, Tush-b'cha-ta v'ne-che-ma-ta, da-a-me-ran b'al-ma. V'im-ru: A-mein.

Let the Holy One be glorified, exalted, and honored, though God is beyond all praises, songs, and adorations that we can speak. And let us say: Amen.

Congregation rises

Ba-r'chu et Adonai ha-m'vo-rach.

Praise the Eternal God to whom all praise is due!

בָרוּךְ יְיָ הַמְבֹרָךְ לְעוֹלֶם וָעֶד.

Ba-ruch Adonai ha-m'vo-rach l'o-lam va-ed.

Let us praise the Eternal God to whom all praise is due now and forever.

You are our God, the Source from which life and all its blessings flow. Wherever we turn our eyes, we behold signs of Your goodness and grace. The fullness of Your power is disclosed to us in Your guidance of our people, in Your constant shaping of human destiny, and in the wondrous works of creation. Your guiding spirit is present in all Your works. The harmony and grandeur of nature speak to us of You, of Your infinite might and majesty.

בָּרוּךְ אַתָּה יִיָּ , אֱלֹהֵינוּ מֶלֶךְ הָעוֹלֶם, אֲשֶׁר בִּדְבָרוֹ מַעֲרִיב עֲרָבִים, בְּחָכְמָה פּוֹתֵחַ שְׁעָרִים, וּבִתְבוּנָה מְשַׁנָּה עִתִּים, וּמַחֲלִיף אֶת הַוְּמֵנִּים, וּמְחַלִיף אֶת הַבּוֹכָנִים, בְּמִשְׁמְרוֹתִיהֶם בָּרָקִיעַ כְּרְצוֹנוֹ.

בּוֹרֵא יוֹם וָלְיֵלָה, גּוֹלֵל אוֹר מִפְּנֵי חְשֶׁךְ, וְחְשֶׁךְ מִפְּנֵי אוֹר. וּמַעְבִיר יוֹם וּמֵבִיא לְיֵלָה, וּמַבְדִּיל בֵּין יוֹם וּבִין לְיֶלָה, וְיָ צְבָאוֹת שְׁמוֹ .אֵל חֵי וְקַיָּם, תָּמִיד יִמְלוֹךְ עָלֵינוּ לְעוֹלָם וָעֶד.

בָּרוּךְ אַתָּה יְיָ, הַמַעֲרִיב עֲרַבִים.

Ba-ruch A-ta Adonai, E-lo-hei-nu me-lech ha-o-lam, a-sher bid-va-ro ma-a-riv a-ra-vim. B'choch-ma po-tei-ach sh'a-rim, u-vit-vu-na m'sha-ne i-tim, u-ma-cha-lif et ha-z'ma-nim. U'm-sa-deir et ha-ko-cha-vim, b'mish-m'ro-tei-hem ba-ra-ki-a, kir'tzo-no.

Bo-rei yom va'ly-la, go-leil or mip-nei cho-shech, v'cho-shech mip-nei or. U-ma-a-vir yom u-mei-vi ly-la. U-mav-dil bein yom u-vein ly-la Adonai Tz'va-ot sh'mo. Eil chai v'ka-yam, ta-mid yim-loch a-lei-nu l'o-lam va-ed.

Ba-ruch A-ta Adonai, ha-ma-a-riv a-ra-vim.

Infinite as is Your power, even so is Your love. It may be seen through the history of our people Israel. Through laws and ethical precepts, through statutes and ordinances, You have led us in the ways of righteousness and brought us to the light of truth. Therefore, at our lying down and our rising up, we will meditate on the Torah's teachings, finding within it the inspiration and guidance for our daily lives. May Your love never depart from our hearts.

We praise You, God. You have revealed Your love through our people Israel.

אַהְבַת עוֹלָם בֵּית יִשְׁרָאֵל עַמְּךְ אָהְבְּתָּ, תּוֹרָה וּמִצְוֹת, חָקִים וּמִשְׁפָּטִים, אוֹתֶנוּ לִמַדְתָּ. עַל בֵּן יְיָ אֶלהֵינוּ, בְּשָׁרְבֵנוּ וּבְקוּמֵנוּ נָשְׂיחַ בְּחָקֶיךּ, וְנִשְׂמַח בְּדִבְרֵי תוֹרָתֶךְ וּבְמִצְוֹתֶיךְ לְעוֹלָם וָעֶד.

פִּי הֵם חַיֵּינוּ וְאָרֶךְ יָמֵינוּ, וּבָהֶם נָהְגֶּה יוֹמֶם וָלְיֵילָה, וְאַהְבָרְךְ אַל תַּסִיר מִמֵּנוּ לִעוֹלָמִים.

בָּרוּךְ אַתָּדִה יְיָ, אוֹהֵב עַמּוֹ יִשְׂרָאֵל וְכֹל הָעַמִּים. בָּרוּךְ אַתָּדְה יְיָ, אוֹהֵב עַמּוֹ יִשְׂרָאֵל וְכֹל הַעַמִּים.

A-ha-vat o-lam beit Yis-ra-eil a-hav-ta. Torah u-mitz-vot, chu-kim u-mish-pa-tim, o-ta-nu li-ma-d'ta. Al kein Adonai E-lo-hei-nu, b'shoch-bei-nu uv-ku-mei-nu, na-si-ach b'chu-ke-cha, v'nis-mach b'div-rei To-ra-te-cha u-v'mitz-vo-te-cha l'o-lam va-ed.

Ke heim cha-yei-nu v'o-rech ya-mei-nu, u-va-hem ne-he-ge yo-mam va-ly-la. V'a-ha-vat-cha al ta-sir me-me-nu l'o-la-mim.

Ba-ruch Ata Adonai o-heiv a-mo Yis-ra-eil v'chol ha-a-mim.

שְׁמַע יִשְׂרָאֵל: יָנָ אֱלֹהֵינוּ יְנִ אֶחָר.

Sh'ma Yisrael Adonai E-lo-hei-nu Adonai e-chad.

Hear, O Israel: The Eternal is our God; the Eternal God is One.

or

Hear, O Israel: The Lord our God, the Lord is One.

בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֵד.

Ba-ruch Sheim K'vod mal-chu-to l'o-lam va-ed.

Let us praise God who rules in glory forever and ever.

The congregation is seated following the singing of the Shema

וְאָהַרְתָּ אֵת יְיָ אֶלֹהֶיךּ, בְּכָל לְבָבְךּ, וּבְכָל נַפְשְׁךּ, וּבְכָל מְאֹדֶךּ. וְהָיוּ הַדְּבָרִים הָאֵלֶה, אֲשֶׁר אָנֹכִי מְצַוְךָ הַיּוֹם, עַל לְבָבֶךְ. וְשִׁנַּנְתָּם לְבָנֶיךְ, וְדִבַּרִים הָאֵלֶה, אֲשֶׁר אָנֹכִי מְצַוְךָ הַיּוֹם, עַל לְבָבֶךְ, וּבְקוּמֶךְ.

וּקְשַּׁרְתָּם לְאוֹת עַל יָדֶךּ, וְהָיוּ לְטֹטָפֹת בֵּין עֵינֶיךּ, וּכְתַבְתָּם עַל מְזָזוֹת בֵּיתֶךּ וּבִשְׁעֶרֶיךּ. לְמַעַן תִּוְבְּרוּ וַעֲשִׂיתֶם אֶת כָּל מִצְוֹתִי, וַהְיִיתֶם קְדֹשִים לֵאלְהֵיכֶם.

אַנִּי יְיָ אֶלְהֵיכֶם. אֲשֶׁר הוֹצאתִי אֶתְכֶם מֵאֶרֶץ מִצְרַיִם, לְהְיוֹת לָכֶם לֵאלֹהִים, אֲנִי יְיָ אֱלְהֵיכֵם:

V'a-hav-ta eit Adonai Elo-he-cha b'chol l'va-v'cha u-v'chol naf-sh'cha u-v'chol m'o-de-cha. V'ha-yu ha-d'va-rim ha-ei-le a-sher Ano-chi m'tza-v'cha ha-yom al l'va-ve-cha. V'shi-nan-tam l'va-ne-cha, v'di-bar-ta bam. B'shiv-t'cha b'vei-te-cha, uv'lech-t'cha va-de-rech, U-v'shoch-b'cha uv-ku-me-cha.

Uk-shar-tam l'ot al ya-de-cha. V'ha-yu l'to-ta-fot bein ey-ne-cha. Uch-tav-tam al m'zu-zot bei-te-cha u'vish-a-re-cha. L'ma-an tiz-k'ru va-a-si-tem et kol mitz-vo-tai, Vi-yi-tem k'do-shim lei-lo-hei-chem.

Ani Adonai E-lo-hei-chem, a-sher ho-tzei-ti et-chem mei-e-retz mitz-ra-yim, li-h'yot la-chem lei-lo-him. Ani Adonai Elo-hei-chem.

You shall love the Eternal God with all your heart, with all your soul, and with all your might. And these words, which I command you this day, shall be upon your heart. You shall teach them diligently to your children and shall speak of them when you sit in your house, when you walk by the way, when you lie down, and when you rise up. You shall bind them for a sign upon your hand and they shall be a symbol before your eyes. You shall write them on the doorposts of your house and on your gates, that you may remember and do all My commandments, and be holy to your God.

The Eternal One led you out of Egypt to be your God. The Eternal One alone is your God.

or

Loving life and its mysterious Source with all our heart and all our spirit, all our senses and strength, we take upon ourselves and into ourselves these promises: to care for the earth and those who live on it, to pursue justice and peace, to love kindness and compassion. We will teach these to our children throughout the passage of the day, as we dwell in our homes and as we go on our journeys, from the time we rise until we sleep. And may our actions be faithful to our words that our children's children may live to know: Truth and kindness have embraced. peace and justice have kissed and are one.

Trust in the Eternal One with all your heart and do not rely only on your own limited understanding.

Remember God's commandments and do them, that you should not follow only your own heart and your own eyes.

Time and again, God has redeemed us from the hand of oppressors and revived our spirits when our own strength failed us.

God's works and wonders surpass our understanding. God's gifts and blessings are without number.

We rejoice in God's guiding power.

We praise and give thanks to the Eternal One.

# Singing

מִי כָמְכָה בָּאֵלִים יְיָ? מִי כָּמְכָה נָאְדָּר בַּקְּדֶשׁ, נוֹרָא תְהִילֹת, עְשֵׁה פֶּלֶא?

Mi cha-mo-cha ba-ei-lim Adonai? Mi ka-mo-cha ne-dar ba-ko-desh, No-ra t'hi-lot, o-sei fe-le?

Who is like You, Eternal One? Who is like You, glorious in holiness, awe-inspiring, working wonders?

מַלְבוּתְךָּ רָאוּ בָנֶיךָ, בּוֹקֵעַ יָם לִפְנֵי משֶׁה, זֶה אֵלִי, עָנוּ וְאָמְרוּ;

Mal-chut-cha ra-u va-ne-cha. Bo-kei-a yam lif-nei Moshe. Zeh ei-li a-nu v'am-ru:

In their escape at the sea, our people saw Your might displayed. "This is my God!" they exclaimed.

ּיִי יִמְלוֹךְ לְעוֹלָם וָעֶד.

Adonai yim-loch l'o-lam va-ed.

The Eternal God shall reign forever and ever.

The people of Israel shall preserve the Sabbath, observing the Sabbath in every generation as a perpetual covenant. It is a sign between God and the people of Israel forever.

ן שְׁמְרוּ בְנֵי יִשְׂרָאֵל אֶת הַשַּׁבָּת, לַעְשׁוֹת אֶת הַשַּׁבָּת לְדֹרֹתָם בְּרִית עוֹלָם, בִּינִי וּבִין בְּנֵי יִשְׂרָאֵל אוֹת הִיא לְעוֹלָם, כִּי שֵׁשֶׁת יָמִים עָשָׂה יְיָ עוֹלָם, בִּינִי וּבִין בְּנֵי יִשְׂרָאֵל אוֹת הִיא לְעוֹלָם, כִּי שֵׁשֶׁת יָמִים עָשָׂה יְיָ אֶת הַשְּׁבִית וִינְּפַשׁ.

V'sha-m'ru v'nei Yis-ra-eil et ha-Shabbat, la-a-sot et ha-Shabbat l'do-ro-tam, b'rit o-lam. bei-ni u-vein b'nei Yis-ra-eil ot hi l'o-lam. Ki shei-shet ya-mim a-sa Adonai et ha-sha-ma-yim v'et ha-a-retz, u-va-yom ha-sh'vi-i sha-vat va-yi-na-fash.

# Singing

יִשְׂמְחוּ בְמַלְכוּתְךּ שׁוֹמְנֵי שַׁבָּת וְקוֹרְאֵי עֹנֶג. עֵם מְקַדְשׁי שְׁבִיעִי בָּלֶם יִשְׂבְּעוּ וְיִתְעַנְּגוּ מִטּוּבֶךּ. וְהַשְּׁבִיעִי רָצִיתָ בּוֹ וְקְדֵּשְׁתוֹ. חֶמְדַת יָמִים אותוֹ קָרָאתָ, זֵבֵר לִמֵעֲשַׂה בָרָאשִׁית.

Yis-m'chu v'mal-chut'cha shom-rei Shabbat, v'ko-r'ei oneg. Am m'ka-d'shei sh've-i Ku-lam yis-b'u v'yit-an-gu me-tu-ve-cha. V'ha-sh've-i ra-tzi-ta bo v'ki-dash-to, Chem-dat ya-mim o-to ka-ra-ta, zei-cher l'ma-a-sei v'rei-sheet.

Those who preserve Shabbat and call it a delight will rejoice. The people that hallow Shabbat delight in Your goodness. For, being pleased with the Seventh Day, You made it the most precious of days, a day of gratitude for the work of Creation.

Grant, O God, that we may lie down in peace and rise up again to life. Spread over us the shelter of Your peace. Guide us with wise counsel. Be as a shield about us, fortifying us against hatred and war, against pestilence and sorrow. Curb within us the inclination to do evil and comfort us within the embrace of Your love. Guide our going out and coming in to life and peace from this time forth and forever.

We praise You, God, for You shelter us and all who dwell on earth.

הַשְּׁכִּיבֵנוּ יְיָ אֶלְהֵינוּ לְשָׁלוֹם, וְהַעֲמִידֵנוּ מֵלְפֵנוּ לְחַוִּים, וּפְרוֹשׁ עָלֵינוּ סְכַּת שְׁלוֹמֶךּ, וְהוֹשִׁיעֵנוּ לְמַעַן שְׁלֵוּנוּ הְעָבִר שְׁלוֹמֶךּ, וְהוֹשִׁיעֵנוּ לְמַעַן שְׁמֶךּ, וְהוֹשִׁיעֵנוּ לְמַעַן שְׁמֶךּ, מְלְפָנֶינוּ וּמַאַרְנוּ הִּעֲלֵינוּ אוֹיֵב, דֶבֶר, וְהֶדֶרב, וְרָעָב וְיָגוֹן, וְהָסֵר שְׁטָן מְלְפָנֶינוּ וּמַאַרְנוּ וּמַאִּילֵנוּ הְבִּוּעִן וְהָסֵר שְׁטָן אָתָה. כִּי אֵל שׁוֹמְוֹנוּ וּבוֹאֵנוּ, לְחַיִּים אָתָה. וּשְׁמוֹר צֵאתֵנוּ וּבוֹאֵנוּ, לְחַיִּים וּלְשַׁלוֹם, מֵעַתָּה וְעַד עוֹלָם. וּפְרשׁ עָלֵינוּ סָכַּת שְׁלוֹמֶךּ.

בָּרוּךְ אַתָּה יְיָ, הַפּוֹרֵשׁ סָכַּת שָׁלוֹם עָלֵינוּ וְעַל כָּל עַמוֹ יִשְׂרָאֵל וְעַל כל הַעַמִּים.

Hash-ki-vei-nu Adonai E-lo-hei-nu l'sha-lom, v'ha-a-mi-dei-nu mal-kei-nu l'cha-yim. U-f'ros a-lei-nu su-kat sh'lo-me-cha, V'tak-nei-nu b'ei-tza to-va mil-fa-ne-cha, V'ho-she-ei-nu l'ma-an sh'me-cha. V'ha-gein ba-a-dei-nu, v'ha-seir mei-a-lei-nu: o-yeiv, de-ver, v'che-rev, v'ra-av v'ya-gon. V'ha-seir sa-tan mil-fa-nei-nu u-mei-a-cha-rei-nu. U-v'tzeil k'na-fe-cha tas-ti-rei-nu. Ki Eil shom'rei-nu u-ma-tzi-lei-nu Ata. Ki Eil me-lech cha-nun v'ra-chum A-ta.U-sh'mor tzei-tei-nu u-vo-ei-nu, l'cha-yim u-l'sha-lom, mei-a-ta v'ad o-lam. U-f'ros a-lei-nu su-kat sh'lo-me-cha.

Ba-ruch A-ta Adonai, ha-po-reis su-kat sha-lom a-lei-nu, v'al kol a-mo Yis-ra-eil v'al kol ha-a-mim.

### The Amidah

# אֲדֹנָי, שְׂפָתַי תִּפְתָּח, וּפִי יַגִּיד תְּחִלֶּתֶך.

Adonai, s'fa-tai tif-tach, u-fi ya-geed t'hi-la-te-cha.

Eternal God, open my lips that my mouth may declare Your glory!

We praise You, God of our mothers and fathers, God of Abraham, God of Sarah, God of all generations. You bestow loving kindness on all Your people. You remember the devotion of those who came before us. As You guided our ancestors with love, You offer hope to us, their descendents. You are our Creator and Helper, our Guide and Protector.

We praise You, Eternal God, Shield of Abraham and Help of Sarah.

בָּרוּךְ אַתָּה וְיָ אֶלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ. אֱלֹהֵי אַבְרֶדְהָם, אֶלֹהֵי יִצְלְב. אֱלֹהֵי שַּׁרָה, אֱלֹהֵי וִבְּלָה, אֱלֹהֵי יַצְלְב. אֱלֹהֵי שָׁרָה, אֱלֹהֵי וִבְּלָה, אֱלֹהֵי לַאָה וִמִלּהִי וְאַכָּוֹר וְהַנּוֹרָה, אֵל עֶלְיוֹן, גּוֹמֵל חֲסָדִים טוֹבִים, וְקוֹנֵה הַכֹּל, וְזוֹכֵר חַסְבִי אָבוֹת וְאִכָּוֹהוֹת. וּמֵבִיא גְּאֻלָּה לִבְנִי טוֹבִים, וְקוֹנֵה הַכֹּל, וְזוֹכֵר חַסְבִי אָבוֹת וְאִכָּוֹהוֹת. וּמֵבִיא גְּאֻלָּה לִבְנִי בְּנִיהֶם לְמַעַן שְׁמוֹ בְּאַהֲבָה. מֶלֶךְ עוֹזֵר וּמוֹשִׁיעַ וּמְגַן.

# בָּרוּך אַתָּה יְיָ, כָגן אַבְרָהָם וְעֶזְרַת שָּׂרָה.

Ba-ruch A-ta Adonai E-lo-hei-nu vei-lo-hei a-vo-tei-nu v'i-mo-tei-nu, E-lo-hei Av-ra-ham, E-lo-hei Yitz-chak, vei-lo-hei Ya-a-kov. E-lo-hei Sa-ra, E-lo-hei Riv-ka, E-lo-hei Lei-a, vei-lo-hei Ra-cheil. Ha-Eil ha-ga-dol v'ha-gi-bor, v'ha-no-ra Eil el-yon, Go-meil cha-sa-dim to-vim, v'ko-nei ha-kol, v'zo-cheir chas-dei a-vot v'i-ma-hot. U-mei-vi g'u-la liv-nei v'nei-hem, l'ma-an sh'mo b'a-ha-va. Me-lech o-zeir u-mo-shi-a u-ma-gein.

Ba-ruch A-ta Adonai ma-gein Av-ra-ham v'ez-rat Sa-ra.

Infinite is Your power, O God. Great is Your gift of life. In loving kindness, You sustain the world. Through the endless flow of Your blessings, You preserve all of creation. You uphold the falling and heal the sick, free the captive and keep faith with Your people in death as in life. Who is like You, Author of life and death?

We praise You, God, the Source of eternal life.

אַתָּה גָּבּוֹר לְעוֹלָם אֲדֹנָי, מְחֲוֵּה הַכּל אַתָּה, רֵב לְהוֹשִׁיעַ. מְכַלְבֵּל חַיִּים בְּחֶטֶד, מְחַיֵּה הַכּל בְּרַחֲמִים רַבִּים. סוֹמֵך נוֹפְלִים, וְרוֹפֵא חוֹלִים, וּמַתִּיר אֲסוּרִים, וּמְקַיֵּם אֱמוּנָתוֹ לִישׁנֵי עָפָר.

מִי כָמְוֹךְ בַּעַל גְבוּרוֹת וּמִי דְּוֹמֶה לֶּךְ, מֶלֶךְ מֵמִית וּמְחַיֶּה וּמַץְמִיחַ יִשׁוּעָה. וְנֵאֲמֶן אַתָּה לְהַחֲיוֹת הַכֹּל.

בָרוּךְ אַתָּה יְיָ, מְחַוֵּּה הַכֹּל.

A-ta gi-bor l'o-lam Adonai, m'cha-yei ha-kol A-ta, rav l'ho-shi-a. M'chal-keil cha-yim b'che-sed. M'cha-yei ha-kol b'ra-cha-mim ra-bim. So-meich no-f'lim, v'ro-fei cho-lim, u-ma-tir a-su-rim, u-m'ka-yeim e-mu-na-to le-shei-nei a-far.

Mi cha-mo-cha ba-al g'vu-rot u-mi do-me lach? Me-lech mei-mit u-m'cha-yei u-matz-me-ach y'shu-a. V'ne-e-man a-ta l'ha-cha-yot ha-kol.

Ba-ruch A-ta Adonai, m'cha-yei ha-kol.

For the expanding grandeur of Creation, worlds known and unknown, galaxies beyond galaxies, filling us with awe and wonder,

For this fragile planet Earth, its times and tides, its sunsets and seasons,

For the joy of human life, its wonders and surprises, its hopes and achievements,

For human community, our common past and future hopes, our oneness transcending all separation, our capacity to work for peace and justice in the midst of hostility and oppression,

For high aspirations and noble causes, for faith without fanaticism, for understanding of views not shared,

For all who labor and suffer for a fairer world, who risk their personal well-being so that others might live in dignity and freedom,

For human liberties and sacred rites: for opportunities to change and grow, to affirm and choose,

We pray that we may live not by our fears but by our hopes, not by our words but by our deeds. Blessed are You, Eternal One, to whom all thanks are due.

or

As we become more fully aware of God's Presence, we discover our life's truth in the knowledge that we can worship God in holiness only as we serve each other in love. How much we owe to the labors of others! Day by day they endure pain and peril for our sake. Numberless gifts and blessings have been laid in our cradles as our birthright.

May we then be just and great-hearted in our dealings with one another, sharing the fruits of our common labor, acknowledging that we are but stewards of whatever we possess.

Help us to be among those who give generously of themselves that others may not hunger, who dare to be bearers of light in the dark loneliness of stricken lives, who struggle and even bleed for the triumph of justice for all people. So shall we be partners in the repair of our world, for that has been our vision and goal throughout the ages.

Our God and God of all ages, grant that our worship on this Shabbat may be acceptable to You. Sanctify us through Your commandments that the serenity of Shabbat may enter our lives. Teach us to be satisfied with the gifts of Your goodness and grateful to rejoice in all that You bestow. Purify our hearts that we may serve You in truth. Inspire us to preserve Shabbat, as Israel's heritage from generation to generation. May it bring rest and joy, peace and comfort to the dwellings of our people and that, through it, You may be revered throughout the world.

We praise our God, who sanctifies Shabbat.

ְּאֶלֹהֵינוּ וַאלֹהֵי אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ רְצֵה בִּמְנוּיחָתֵנוּ. קַּדְשֵׁנוּ בְּמִצְוֹתֶיךּ וְתֵן חֶלְקֵנוּ בְתוֹרָתֶךּ, שַּׁבְּעֵנוּ מִטוּבָךּ, וְשַׂמְּחֵנוּ בִּישׁוּעָתֶךּ,

וְטַהֵר לִבֵּנוּ לְעָבְדְּךְ בָּאֲמֶת, וְהַנְחִילֵנוּ יְיָ אֱלֹהֵינוּ בְּאַהֲבָה וּבְרָצוֹן שַׁבַּת לַבְּינוּ לְעָבְדְּךְ בָּאֲמֶת, וְהַנְחִילֵנוּ יְיָ אֱלֹהֵינוּ בְּאַהֲבָה וּבְרָצוֹן שַׁבַּת לַבְּינוּ לְעָבְדְּךּ בָּאֲמֶת, וְהַנְחִילֵנוּ יְיָ אֱלֹהֵינוּ בְּאַהֲבָה וּבְרָצוֹן

בָּרוּך אַתָּה יְיָ, מְקַדֵּשׁ הַשַּׁבָּת.

E-lo-hei-nu vei-lo-hei a-vo-tei-nu v'i-mo-tei-nu r'tzei vim-nu-cha-tei-nu. Kad-shei-nu b'mitz-vo-te-cha v'tein chel-kei-nu v'to-ra-te-cha. Sa-bei-nu me-tu-ve-cha, v'sam-chei-nu be-shu-a-te-cha.

V'ta-heir li-bei-nu l'ov-d'cha be-e-met. V'han-chi-lei-nu Adonai E-lo-hei-nu b'a-ha-va u-v'ra-tzon Shabbat kod-she-cha. V'ya-nu-chu va Yis-ra-eil, m'ka-d'shei sh'me-cha.

Ba-ruch A-ta Adonai, m'ka-deish ha-Shabbat.

We gratefully acknowledge that the Eternal God is our Creator and Preserver, the Rock of our life, and the Shield of our help.

We thank God and sing praises:

For the gift of life itself,

For our souls that are ever in God's keeping,

For the signs of our Creator's Presence that we encounter every day, and

For God's wondrous gifts at all times, morning, noon, and night. Truly, our blessings are without end and God's loving kindness never ceases. Therefore do we forever put our trust in the Eternal One.

מוֹדִים אֲנַחְנוּ לָךְ, שָׁאַתָּה הוּא, יְיָ אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ, לְעוֹלָם וָעֶד, צוּר חַיֵּינוּ, מָגֵן יִשְׁעֵנוּ, אַתָּה הוּא לְדוֹר וָדוֹר נוֹדֶה לְךְּ לְעוֹלֶם וַעֶּד, צוּר חַיֵּינוּ, מָגֵן יִשְׁעֵנוּ, אַתָּה הוּא לְדוֹר וָדוֹר נוֹדֶה לְךְּ וּנְסַפֵּר תְּהַלֶּתֶךְ.

על חַנֵּינוּ הַמְּסוּרִים בְּיָדֶךְ, וְעַל נִשְׁמוֹתֵינוּ הַפְּקוּדוֹת לָךְ, וְעַל נִשֶּׁירְ שֶׁבְּכָל יוֹם עִמָּנוּ, וְעַל נִפְּלְאוֹתֵיךְ וְטוֹבוֹתֵיךְ שֶׁבְּכָל עֵת, עֶרֶב וָבְקֶּרְ וְצְהָרָיִם, הַטוֹב כִּי לֹא כָלוּ רַחֲמֶיךּ, וְהַמְּרַחֵם כִּי לֹא תְמוּ חֲסָדֶיךְ וְצְהָרָיִם, הַטּוֹב כִּי לֹא כָלוּ רַחֲמֶיךּ, וְהַמְּרַחֵם כִּי לֹא תְמוּ חֲסָדֶיךְ מֵעוֹלְם קִנְינוּ לָךְ.

Mo-dim a-nach-nu lach, sh'a-ta Hu Adonai E-lo-hei-nu vei-lo-hei a-vo-tei-nu v'i-mo-tei-nu l'o-lam va-ed. Tzur cha-yei-nu, Ma-gein yish-ei-nu, A-ta Hu l'dor va-dor. No-de l'cha u-n'sa-peir t'he-la-te-cha.

Al cha-yei-nu ha-m'su-rim b'ya-de-cha, v'al nish-mo-tei-nu ha-p'ku-dot lach. v'al ni-se-cha sh'b'chol yom i-ma-nu. V'al nif-lo-te-cha, v'to-vo-te-cha, she-b'chol eit, e-rev va-vo-ker v'tza-ho-ra-yim. Ha-tov: Ke lo cha-lu ra-cha-me-cha, v'ha-m'ra-cheim: Ke lo ta-mu cha-sa-de-cha, mei-o-lam ki-vi-nu lach.

Grant us peace, Your most precious gift, Eternal Source of peace, and enable our people Israel to be its messenger to all the world. Bless our country, that it may ever be a pursuer of peace and its advocate in the council of nations. May contentment reign within our borders, health and happiness within our homes. Strengthen the bonds of friendship and harmony among the inhabitants of all lands. Plant virtue in every soul and may our love for You hallow every home and every heart.

We praise You, O God, Giver of peace. Amen.

# Singing

שָׁלוֹם רָב עַל יִשְׂרָאֵל עַמְּךְ תָּשִׂים לְעוֹלֶם, כִּי אַתָּה הוּא מֶלֶךְ אָדוֹן לְבָל הַשָּׁלוֹם. וְטוֹב בְּעֵינֶיךְ לְבָרֵךְ אֶת עַמְּךְ יִשְׂרָאֵל וְאֶת כָּל העַמִים בְּכָל עֵת וּבְכָל שָׁעָה בִּשְׁלוֹמֶךְ.

בָּרוּךְ אַתָּה יְיָ, עשֵׁה הַשָּׁלוֹם.

Sha-lom rav al Yis-ra-eil am-cha ta-sim l'o-lam. Ke A-ta hu me-lech A-don l'chol ha-sha-lom. V'tov b'ei-ne-cha l'va-reich et am-cha Yis-ra-eil v'et kol ha-a-mim, b'chol eit u-v'chol sha-a bish-lo-me-cha.

Ba-ruch A-ta Adonai, o-sei ha-sha-lom.

#### Silent Devotion

or such other prayer or meditation as the heart may prompt

In this hour of worship, I set aside my daily labors and concerns. May I find enlightenment, perspective, and courage. Caught up in the stress and turmoil of everyday life and work, I yield far too often and unthinkingly to selfishness and ambition. I become so enmeshed in the earthly things that I lose the sense of life's simple gifts. I pray for a renewed sense of purpose and the dedication to fulfill it. When my spirits are low, or when my vision is clouded, may I never lose sight of what is truly important. You, God, are my never-failing Light. Amen.

#### Psalm 23

The Lord is my shepherd, I shall not want. He maketh me to lie down in green pastures. He leadeth me beside the still waters. He restoreth my soul. He guideth me in straight paths for His name's sake. Yea, though I walk through the valley of the shadow of death, I will fear no evil, for Thou art with me. Thy rod and Thy staff, they comfort me. Thou preparest a table before me in the presence of my enemies. Thou hast anointed my head with oil. My cup runneth over. Surely goodness and mercy shall follow me all the days of my life and I shall dwell in the house of the Lord forever.

# Singing

יִהְיוּ לְרָצוֹן אִמְנֵרִי פִּי וְהֶגְיוֹן לִיבִּי לְפָנֶיךְ, יהוה, צוּרִי וְגֹאֲלִי.

Yi-h'yu l'ra-tzon im-rei fi v'heg-yon li-bi l'fa-ne-cha, Adonai tzu-ri v'go-a-li.

May the words of my mouth and the meditations of my heart be acceptable to You, O God, my Rock and my Redeemer. Amen.

For the concluding prayers turn to page 367

# Aleinu - The Adoration

Congregation rises

עָלֵינוּ לְשַׁבֵּחַ לַאֲדוֹן הַכּל, לָתֵת נְּדָלָה לְיוֹצֵר בְּרֵאשִׁית, שֶׁהוּא שָׁם הֶלְקֵנוּ לְיַחֵד אֶת שְׁמוֹ, וְגוֹרָלֵנוּ לְהַמְלִיךְ מֵלכוּתוֹ.

A-lei-nu l'sha-bei-ach la-adon ha-kol, la-teit g'du-la l'yo-tzeir b'rei-sheet. Sh'hu sam chel-kei-nu l'ya-cheid et sh'mo, v'go-ra-lei-nu l'ham-lich mal-chu-to.

Let us adore the Ever-living God.
We offer praise unto You,
Who spread out the heavens and established the earth.
Your glory is revealed in the heavens above,
And Your greatness is manifest throughout the world.
You are our God. There is none else.

We bow our heads in reverence before the Eternal One, Source of all life.

וֹאֲנַחְנוּ כּוֹרְעִים וּמִשְׁתַּחֲוִים וּמוֹדִים, לִפְנֵי מֶלֶךְ מַלְבֵי הַמְּלֶכִים הַאָּבָרִים וּמוֹדִים, לִפְנֵי מֶלֶךְ מַלְבֵי הַמְּלֶכִים הַקְּבִים הַנְּתְּבִוֹשׁ בּרוּךְ הוּא.

Va-a-nach-nu ko-r'im u-mish-ta-cha-vim u-mo-dim, lif-nei me-lech mal-chei ha-m'la-chim, Ha-Kadosh Ba-ruch Hu.

May the time not be distant, O God, when You shall be worshipped throughout the earth, when unbelief shall disappear and error be no more. Fervently we pray that the day may come when all people shall be guided by Your teachings. Corruption and evil shall give way to purity and goodness. Superstition shall no longer enslave the mind, nor idolatry blind the eye.

Then, all who dwell on earth shall know that to You alone every knee shall bend and every voice give praise. May all, created in Your image, recognize that we are brothers and sisters, so that, one in spirit and one in harmony, we may be forever united before You. Then shall Your reign be established on earth, and the word of Your ancient prophet be fulfilled: The Eternal God will reign forever and ever.

On that day the Eternal shall be one and God's name shall be One;

Singing

בַּיּוֹם הַהוּא יִהְנֶה יְיָ אֶחָד, וּשְמוֹ אֶחָד.

Ba-yom ha-hu y'hi-ye Adonai e-chad, u-sh'mo e-chad.

I

All you who mourn the loss of loved ones and, at this hour, remember the sweet companionship and the cherished hopes that have passed away with them, listen to these words of comfort spoken in the name of God: Only the body has died and has been laid in the earth. The spirit lives on in the shelter of God's love and mercy. Our loved ones continue in the remembrance of those to whom they were precious. Their deeds of loving kindness, the true and beautiful words they spoke, are treasured as incentives to our conduct, by which the living honor the dead.

And when we ask in our grief: From where shall our help and comfort come? Then, in the strength of our faith, let us answer with the Psalmist: My help comes from God. The Eternal One will not forsake us, nor abandon us in our grief. Upon God we cast our burdens, and God will grant us strength according to the days that have been apportioned to us.

All life comes from God. All souls are in God's keeping. Come then, and in the midst of fellow worshippers, let us rise and hallow the name of God.

II

"The Eternal gives, the Eternal takes away, blessed is the Name of God." As we recall our beloved who have passed away, these words bring healing to the anguish that death has wrought. Our loved ones have answered the summons that sounds for us all, for we are sojourners on the earth, and our times are in God's keeping. We lose our hold on life when our time has come, as the leaf falls from the branch when its day is done. The deeds of the righteous enrich the lives of others as the fallen leaf enriches the soil beneath. The dust returns to the earth, the spirit lives on in God's eternal years.

Like the stars by day, our beloved may no longer be seen by mortal eyes, but they shine on in the untroubled firmament of endless time. Let us be thankful for the companionship that continues in love, which is stronger than death, and which spans the gulf of the grave. Cherishing their memories, let us, in the presence of the congregation, sanctify the name of God.

# III

In nature's ebb and flow, God's eternal law abides. When tears dim our vision and grief clouds our understanding, we often lose sight of God's plan. Yet we know that both growth and decay, life and death, all reveal God's purpose.

God, who is our support in the struggles of life, is also our hope in death. We have set the Eternal One before us and shall not despair. In God's hands are the souls of all the living. Under God's protection we abide and by God's love we are comforted.

O Life of our life, Soul of our soul, cause Your light to shine into our hearts and fill our spirits with abiding trust in You.

#### IV

Birth is a beginning and death is a destination.
And life is a journey:
From childhood to maturity
And youth to age;
From innocence to awareness
And ignorance to knowing;
From foolishness to discretion
And then, perhaps, to wisdom;

Life is a journey:
From weakness to strength
Or strength to weakness
And, often, back again;
From health to sickness
And back, we pray, to health again;
From offense to forgiveness,
From loneliness to love,
From joy to gratitude,
From pain to compassion,
And from grief to understanding.
From fear to faith.

Life is a journey:
From defeat to defeat
Until, looking backward or ahead,
We see that victory lies
Not at some high place along the way,
But in having made the journey, stage by stage,
A sacred pilgrimage.
Birth is a beginning
And death is a destination and life is a journey,
A sacred pilgrimage to life everlasting.

V

When cherished ties are broken and fond hopes shattered, only faith and confidence can lighten the heaviness of the heart. The pain of separation is hard to bear, but to become despondent from our sorrow will only embitter our grief. The Psalmist said that in his affliction he learned the law of God. Indeed, our grief will have value if it sends us back to serve and bless the living. We learn how to counsel and comfort those who, like ourselves, are sorrow-stricken. Though absent, the departed still nurture our spirits, teaching us greater patience, faithfulness, and devotion. In the remembrance of their virtues and affections, the best and purest parts of their nature lie eternally enshrined. Let us lift our heads in hope and summon our strength to carry on. We dwell in the shelter of the Eternal God, who is our Refuge and our Fortress.

#### VI

God, the Source of life, the Fountain of all good, has given us dear ones. We rejoice in their love, grow stronger through their care, and are ennobled by their influences. God also has established a natural end for life and earthly companionship. Often we cannot comprehend the larger purpose, yet we trust in God nevertheless. Though the longing within us may seem more than we can bear, we must understand that our grief is according to our blessing. The sorrow of separation is the inevitable price for days and years of precious love. Tears are the tender tribute of yearning affection for those who have passed away but will not be forgotten. Death is not the end. The earthly body vanishes; the immortal spirit lives on with God. In our hearts, also, our loved ones never die. Their memory abides as lasting inspiration, moving us to noble deeds, and blessing us evermore. In humble gratitude for their lives and love, and with steadfast trust, let us affirm our faith in our Eternal God.

## Before Kaddish

Our thoughts now turn to those who have departed this earth; our own loved ones, those whom our friends and neighbors have lost, the martyrs of our people, the Six Million who perished in the Shoah, and those of every race, nation, and faith whose lives have been a blessing to humanity.

The departed, whom we now remember, have entered into the peace of life eternal. They still live on earth in the acts of goodness they performed, and in the hearts of those who cherish their memory. May the beauty of their lives abide among us as a loving benediction.

# Congregation rises

The Kaddish According to the Contemporary Pronunciation

יִתְגַּדֵּל וְיִתְקַדֵּשׁ שְׁמֵה רַבָּא. בְּעָלְמָא דִּי בְרָא כִּרְעוּתֵה, וְיַמְלִיךְ מַלְכוּתֵה בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל. בַּעֲגָלָא וּבִוְמַן קַריב וְאִמְרוּ אָמֵן.

Yit-ga-dal v'yit-ka-dash sh'mei ra-ba. B'al-ma di-v'ra chir-u-tei, v-yam-lich mal-chu-tei. B'cha-yei-chon uv'yo-mei-chon u-v'cha-yei d'chol beit Yis-ra-eil, ba-a-ga-la u'viz-man ka-riv. V'im-ru: A-mein.

יָהֵא שְׁמֵה רַבָּא מְבָרַך לְעָלֵם וּלְעָלְמֵי עַלְמֵיא.

Y'hei sh'mei ra-ba m'vo-rach, l'a-lam u-l'al-mei al-mei-ya.

יִתְבַּרֵךְ וְיִשְׁתַבַּח, וְיִתְפָּאַר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא וְיִתְהַדָּר וְיִתְעַלֶּה יִתְבַּרֵל שְׁמֵה דְּקָדְשָׁא בְּרִיךְ הוּא.

Yit-ba-rach v'yish-ta-bach, v'yit-pa-ar, v'yit-ro-mam, v'yit-na-sei. V'yit-ha-dar, v'yit-a-le, v'yit-ha-lal, sh'mei d'ku-d'sha. B'rich hu.

לְעֵלָמָא, וְאִמְרוּ אָמֵן. בְּעָלְמָא, וְאִמְרוּ אָמֵן.

L'ei-la min kol bir-cha-ta v'shi-ra-ta, tush-b'cha-ta v'ne-che-ma-ta, da-a-me-ran b'al-ma. V'im-ru: A-mein.

יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאִמְרוּ אָמֵן.

Ye'hei sh'la-ma ra-ba min sh'ma-ya v'cha-yim, a-lei-nu v'al kol Yis-ra-eil. V'im-ru: A-mein.

עשֶּׁה שָׁלוֹם בִּמְרוֹמָיו הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאָמְרוּ אָמֵן.

O-sei sha-lom bim-ro-mav. Hu ya-a-seh sha-lom a-lei-nu, v'al kol Yis-ra-eil. V'im-ru: A-mein.

# Translation of the Kaddish

Let the glory of God be extolled. May God's greatness be revered in the world whose creation God willed. May God's dominion soon prevail, in our own day, in our own lives, and in the life of all Israel, and let us say: Amen.

Let God's greatness be praised forever and ever.

Let the Holy One be glorified, exalted, and honored, though God is beyond all praises, songs, and adorations that we can speak. And let us say: Amen.

For us and for all Israel, may the blessing of peace and the promise of life, come true, and let us say: Amen.

May the One who causes peace to reign in the high heavens let peace descend on us, on all Israel, and on all the world, and let us say: Amen.

May the Source of peace send peace to all who mourn and comfort all who are bereaved. Amen.

### Ein Kei-lo-hei-nu

אַין בַּאלֹהֵינוּ, אֵין כַּאדוֹנִינוּ, אֵין כְּמַלְבֵּינוּ, אֵין כְּמוּשִׁיעֵינוּ מִי בַּאלֹהֵינוּ, מִי כַּאדוֹנִינוּ מִי כְּמַלְבֵּינוּ, מִי כְּמוּשִׁיעֵינוּ נוֹדֶה לֵאלֹהֵינוּ, נוֹדֶה לַאדוֹנֵינוּ, נוֹדֶה לַמַלְבֵּינוּ, נוֹדֶה לְמוּשִׁיעֵינוּ בָּרוּךְ אֱלֹהֵינוּ, בָּרוּךְ אֲדוֹנֵינוּ, בָּרוּךְ מַלבֵּינוּ, בָּרוּךְ מוֹשִׁיעֵינוּ אַתָּה הוּא אֱלֹהֵינוּ, אַתָּה הוּא אֲדוֹנֵינוּ, אַתָּה הוּא מַלְבֵּינוּ, אַתָּה הוּא מוֹשִׁיעִינוּ

- (1) Ein kei-lo-hei-nu, Ein ka-do-nei-nu, Ein k'mal-kei-nu, Ein k'mo-she-ei-nu
- (2) Me kei-lo-hei-nu, Me ka-do-nei-nu, Me k'mal-kei-nu, Me k'mo-she-ei-nu
- (3) No-de lei-lo-hei-nu, No-de la-do-nei-nu, No-de l'mal-kei-nu, No-de l'mo-she-ei-nu.

- (4) Ba-ruch E-lo-hei-nu, Ba-ruch a-do-nei-nu, Ba-ruch mal-kei-nu, Ba-ruch mo-she-ei-nu.
- (5) A-ta hu E-lo-hei-nu, A-ta hu a-do-nei-nu, A-ta hu mal-kei-nu, A-ta hu mo-she-ei-nu.

There is none like our God. Who can be compared to You? Let us thank our Maker. Blessed is our Redeemer.

### Adon Olam

אָדוֹן עוֹלָם אֲשֶׁר מָלַךּ, בְּטֶרֶם כָּל יְצִיר נִבְרָא. לְעֵתְ נַעֲשָׂה בְהֶפְצוֹ כֹּל, אֲזֵי מֶלֶךְ שְׁמוֹ נִקְרָא.

Adon o-lam a-sher ma-lach, b'te-rem kol y'tzir niv-ra. L'eit na-a-sa, v'chef-tzo kol, a-zai me-lech sh'mo nik-ra.

> וְאַחֲרֵי כִּכְלוֹת הַכֹּל, לְבַדּוֹ יִמְלוֹךְ נוֹרָא. וְהוֹא הָיָה, וְהוֹא הֹוֶה, וְהוֹא יִהְיֶה, בְּתִפְאָרָה.

V'a-cha-rei kich-lot ha-kol, l'va-do yim-loch no-ra. V'hu ha-ya, v'hu ho-ve, v'hu ye-yeh b'ti-fa-ra.

> וְהוּא אֶחָד וְאֵין שׁנִי, לְהַמְשׁיל לוֹ לְהַחְבְּירָה. בְּלִי רֵאשִׁית בְּלִי תַכְלִית, ולוֹ הָעוֹ וְהַמִּשְׂרָה.

V'hu e-chad v'ein shei-ni, l'ham-shil lo l'hach-bi-ra. B'li rei-sheet b'li tach-lit, v'lo ha-oz v'ha-mis-ra.

> וְהוּא אֵלִי וְחֵי גֹאֲלִי, וְצוּר חֶבְלִי בְּעֵת צָרָה. וְהוּא נִסִּי וּמָנוֹס לִי מְנָת כּוֹסִי בְּיוֹם אֶקְרָא.

V'hu Ei-li v'chai go-a-li, v'tzur chev-li b'eit tza-ra. V'hu ni-i u-ma-nos li, m'nat ko-si b'yom ek-ra.

> בְּיָדוֹ אַפְקִיד רוּחִי, בְּעֵת אִישַׁן וְאָעִירָה. וְעִם רוּחִי גִּוּיָתִי, יִיַ לִי וִלֹא אִירֵא.

B'ya-do af-kid ru-chi, b'eit i-shan v'a-i-ra. V'im ru-chi g'vi-a-ti, Adonai li v'lo i-ra.

# The God of All

The God of all, who reigned supreme, Ere first creation's form was framed; When all was finished by Your will, Your name Almighty was proclaimed.

You are my God, my Helper true, To whom I turn in sorrow's hour; My banner proud, my refuge sure; Who hears and answers with Your power.

Then in Your hand myself I lay, And trusting sleep, and wake with cheer; My soul and body are Your care. You are with me, I have no fear.

Lo Yi-sa Goy

לא יִשָּׂא גוֹי אֶל גוֹי חֶרֶב, לא יִלְמְדוּ עוֹד מִלְחָמָה.

Lo yi-sa goy el goy che-rev, Lo yil-m'du od mil-cha-ma.

Nation shall not lift up sword against nation, nor ever again shall they learn war.

# Yigdal, We Praise the Living God

Yigdal Elo-him Chai
We praise God's holy Name!
Who was and is, and is to be
For e'er the same;
The One Eternal God
Before our world appears,
The Spirit that gives life to all,
Throughout the years.

Without a form are You,
Nor can we comprehend
The measure of Your love for us
Without an end.
For You are God of all,
Creation speaks Your praise.
You live within the human heart
In endless ways!

You speak within our hearts
If only we would hear;
You help us seek the path of life,
And conquer fear.
The choice to seek the truth,
You offer us this day.
We join together as we walk
Along Your way!

### Al Sh'lo-sha Devarim

עַל שְׁלשָׁה דְבָּרִים הָעוֹלָם עוֹמֵד, עַל הַתּוֹרָה, וְעַל הָעֲבוֹדָה, וְעַל גְּמִילוּת חֲסָדִים

Al sh'lo-sha de-va-rim ha-o-lam o-meid: Al ha-to-ra, v'al ha-a-vo-da, v'al g'mi-lut cha-sa-dim.

On these things our world stands, *repeat*On these great things do we build our lives
And reach out to the ones we love:
Study and prayer, kindness and care,
And acts of mercy and peace.

## How Good It Is

How good it is to thank our God, To praise Your name, O God Most High; To tell Your kindness through the day, Your faithfulness when night draws nigh.

Like stately palm the righteous thrive, As cedar fair they flourish free. In God's own house, Your courts alone Their dwelling-place and home shall be.

Still, in old age, ripe fruit they bear, Verdant and fresh they still remain. To prove that God, our Rock of Help, Your righteousness does e'er maintain.

Come, O Sabbath Day

Come, O Sabbath day and bring Peace and healing on your wing; And to every weary one Let God's word of blessing come: You shall rest, You shall rest.

Welcome Sabbath, let depart Every care of troubled heart; Now the daily task is done, Let God's word of comfort come: You shall rest, You shall rest.

Wipe from every cheek the tear, Banish care and silence fear; All things working for the best, Teach us the divine behest: You shall rest, You shall rest.

# O-sei shalom

עֹשֶׂה שָׁלוֹם בִּמְרוֹמָיו הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאִמְרוּ אָמֵן.

O-sei sha-lom bim-ro-mav, Hu ya-a-se sha-lom a-lei-nu V'al kol Yis-ra-eil. V'im-ru: Amen.

May God, the Source of all peace bless us with the holy gift of peace: Us and all the world. And let us say: Amen!

# Shir Chadash

שִׁירוּ לַינָ כָּל הָאָרֶץ. שִׁירוּ לַינָ שִׁיר חָדָשׁ.

Shi-ru la-do-nai kol ha-ah-retz. Shi-ru la-do-nai shir cha-dash.

Sing to God, all the earth, a new song. I will sing to God a new song. Sing unto God and we'll all sing along, All the earth, a new song unto God.

## Mi Sh'bei-rach

מִי שֶׁבֵּרַךְ אֲבוֹתֵינוּ, מְקוֹר הַבְּרָכָה לְאִמוֹתֵינוּ,

Mi sh'bei-rach a-vo-tei-nu, M'kor ha-b'ra-cha l'i-mo-tei-nu,

May the Source of strength who blessed the ones before us Help us find the courage to make our lives a blessing And let us say: Amen.

> מִי שֶׁבֵּרַךְ אִמוֹתֵינוּ, מְקוֹר הַבְּרָכָה לְאֲבוֹתִינוּ,

Mi sh'bei-rach i-mo-tei-nu, M'kor ha-b'ra-cha l'a-vo-tei-nu,

Bless those in need of healing with *r'fu-a sh'lei-ma*, The renewal of body, the renewal of spirit, And let us say: Amen.

Gesher Tzar M'od

בָּל הָעוֹלָם כָּלוֹ גָשֶׁר צָר מְאד. וְהָעִקָּר לֹא לְפַחֵד כְּלָל.

Kol ha-o-lam ku-lo gesher tzar m'od. V'ha-ikar lo l'fa-cheid k'lal.

The entire world is but a narrow bridge; the most important thing is not to be afraid.

## Im Tirtzu

אָם תִּרְצוּ אֵין זוֹ אַנָּדָה, לְהְיוֹת עַם חָפְשִׁי בְּאַרְצֵנוּ, בָּאֶרֶץ צִיּוֹן, וִירוּשָׁלַיִם.

Im tir-tzu ein zo a-ga-da, li-h'yot am chof-shi b'ar-tzei-nu, b'e-retz Tzion vi-ru-sha-la-yim.

If you will it, it is no dream: To be a free people, in the land of Zion and Jerusalem.

# Lo Alecha

לא עָלֶיךּ הַמְּלָאכָה לִגְמוֹר, וְלֹא אַתָּה בֶּן חֹרִין לְהִבַּטֵל מִבֶּנָה.

Lo ah-le-cha ha-m'la-cha lig-mor, V'lo a-ta ben cho-reen l'hi-ba-teil me-me-na.

It is not your duty to complete the work. Neither are you free to desist from it.

## L'chi Lach

לְשִׂמְחַת חַיִּים, לְבִי לָךְ. לְשִׁמְחַת חַיִּים, לְבִי לָךְ.

L'chi lach: to a land that I will show you, Lech l'cha: to a place you do not know. L'chi lach, on your journey I will bless you, And you shall be a blessing, you shall be a blessing, You shall be a blessing, l'chi lach.

L'chi lach: and I shall make your name great, Lech l'cha: and all shall praise your name. L'chi lach: to the place that I will show you. L'simchat chayim, l'simchat chayim, L'simchat chayim, l'chi lach.

## Od Yavo Shalom Aleinu

עוד יָבוֹא שָׁלוֹם עֲלֵינוּ וְעַל כָּלָם. סָלָאם, עָלֵינוּ וְעַל כָּל הָעוֹלָם, סָלָאם, סָלָאם.

Od ya-vo shalom a-lei-nu v'al ku-lam. Sa-laam, a-lei-nu v'al kol ha-olam, Sa-laam, sa-laam.

Peace will surely come to us, to everyone. Sa-laam, for us and for the entire world.